



For Families

At the Gabel Center, we encourage family involvement. Weekly updates keep concerned persons aware of progress and engaged in recovery planning for the client and the family system. Family therapy is scheduled individually to resolve tensions and support the client's focus on their recovery.

For Professionals

The Gabel Center values our relationship with other professionals. If referring to the Gabel Center, you can expect to be included in the process and kept up to date on the progress of the client. We welcome tours to professionals.

The Gabel Center works with most private insurance companies, and provides competitive rates for self pay clients. Some partial scholarships are available for families in need.



Our Facility
Steps from the sands
of Fort Myers Beach



Experience Recovery on Florida's **Other Coast**

gabelcentercares.com

1-800-970-4138

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**A Refreshing Approach to
ADDICTION TREATMENT**



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The Gabel Center Invites You to Experience Recovery on Florida's Other Coast. Located on beautiful Fort Myers Beach, the mission of the Gabel Center is to enrich, empower, and enlighten both the individual and the family impacted by addiction and the underlying symptoms of co-occurring disorders within the nurturing serenity of an eco-therapeutic and solution-focused treatment program. With breathtaking views of the Gulf of Mexico, our innovative and eco-friendly curriculum is "hands-on," and uniquely designed to build self-esteem and to promote self-sufficiency, while at the same time, providing closure to underlying issues causing interpersonal and emotional distress.



Experience Recovery on Florida's Other Coast



Comprehensive Treatment Programs

- Primary Care Program (Day/Night Treatment)
- Partial Hospitalization
- Intensive Outpatient (IOP)
- Outpatient

Outdoor Behavioral Therapy

At the Gabel Center drug and alcohol rehab, experiential therapies are an integral part of our programming. In what we call Eco-Therapy, clients make use of the environment that surrounds the Gabel Center. In sailing therapy, clients learn to work as a team and problem solve. Always accompanied by a captain certified by the US Coast Guard as well as one of our therapists, safety is of paramount importance.

During sailing therapy, our clients learn life lessons with their peers as they traverse the waters of the Gulf of Mexico that surround the Gabel Center. The purpose of our one of a kind sailing program is not just recreational, as we process with a therapist while on the water. Clients report this as being one of their favorite and most memorable experiences during their time in treatment. Often times, it is a new skill they can continue to hone as part of their continuing care program.

The Gabel Center is the only known program in the US to offer this innovative sailing curriculum as part of its drug and alcohol treatment.

Sober Residences

Our clients stay in state-of-the-art, modern residences, with all of the comforts of home. Staffed 24/7, our residences are a safe environment for our clients to heal. Private and semi-private room are available.



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